NEPAL ADVENTURE GUIDE

ACTIVITIES

WEATHER

FOOD



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Find your next hiking trail

Trek through mountain passes following established trails or choose your own path. Explore tips for packing, food, and safety.





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Nepal offers unparalleled mountaineering and climbing opportunities. Identify the best routes according to your skill level.



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Try an ice climbing expedition

Challenge yourself by climbing a vertical wall of ice. Use an ice axe, rope, and crampons to ascend a frozen waterfall!











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Plan your camping adventure

Winter mountain camping offers breath-taking snow-covered scenery. Identify a safe base camp, considering wind and rising sun.

